

PSYCHIATRY

Linda Zamvil, MD, ABPN

Medical Director

Licensure: Physician

Specialty: Psychiatry, Board Certified in Child, Adolescent and Adult Psychiatry. Psychiatric assessment and medication management for ADHD, Developmental, Mood, Anxiety, Traumatic, Psychotic and Substance Use Disorders along with Comorbid Medical Conditions.

Boseung Halliwell, APRN, PMHNP-BC

Licensure: Psychiatric Nurse Practitioner

Specialty: Psychiatric Assessment & Medication Management for Children, Adolescents and Adults. Psychotic Disorders, Mood Disorders, Anxiety Disorders, ADHD and Substance Abuse Issues.

Sharon Brahmstedt, APRN, PMHNP-BC

Licensure: Psychiatric Nurse Practitioner

Specialty: Psychiatric Assessment & Medication Management for Children, Adolescents and Adults. Psychotic Disorders, Mood Disorders, Anxiety Disorders, and Substance Abuse Issues.

Susan P. Lax, APRN, PMHNP-BC

Licensure: Psychiatric Nurse Practitioner; Certified in Trauma Studies; Sensorimotor Psychotherapy Trained.

Specialty: Evaluation, Medication Management, and Psychotherapy for Individuals ages 18 and older; Group Psychotherapy. Approach incorporates a variety of interventions, including Medication, Mindfulness, DBT, and CBT in the holistic treatment of Depression, Anxiety, Trauma, and other mental health problems, especially as they relate to exposure to parental substance abuse, parental mental illness, domestic violence, and abuse in childhood

Tina Brownley-Stevenson, APRN

Licensure: Family Nurse Practitioner

Specialty: Psychiatric Assessment & Medication Management for individuals age 18 and older. Psychotic Disorders, Mood Disorders, Anxiety Disorders, ADHD and Substance Abuse Issues.

PSYCHOTHERAPY

Matthew Sadowsky M.A., LPM

Clinical Director

Licensure: Licensed Psychologist Masters

Specialty: Children, Adolescents, Adults, and Families. Existential and Values Exploration, Flexibility, Self- Acceptance, supporting you to manage the things that get in the way of who you want to be.

Elizaveta Matiach, MS, LPM, LADC

Licensure: Licensed Psychologist Master,

and Licensed Alcohol & Drug Counselor

Specialty: Depression; Anxiety; Trauma; PTSD; Adjustment & Personality issues; Cross-Cultural Counseling; Substance Abuse; Adolescents and Adults
Languages: Russian and French

Susan Geer, LICSW

Licensure: Licensed Clinical Social Worker
Certified EMDR Level 2

Specialty: Depression, Anxiety, Trauma, Grief, Chronic Illness, Relationship issues, Eating Disorders, Adults, Adolescents, Couples and Families

Mary Margaret Fondriest MA, AAP

Licensure: Apprentice Addiction

Professional

Specialty: Individual and Groups, Adults and Children. Substance Abuse and Recovery, Grief and Loss, Death and Dying, Crisis Intervention, Anxiety, Depression, Trauma, Spirituality, Integrated Body-based Approaches, Cross-Cultural Counseling, Military and Veterans.

Susan Zumberge, LICSW, LADC

Licensure: Licensed Clinical Social Worker,
Licensed Alcohol & Drug Counselor.

Specialty: Grief, Chronic Illness, Chronic Pain, Coping Skills, Anxiety & Depression, Anger management, Relationship Issues, Self-esteem, Spirituality, Stress, Substance Abuse.

Mary O'Toole BA, AAP

Licensure: Apprenticed Addiction
Professional

Specialty: Co-Occurring Case Management, Court issues, Probation & Parole, Crisis Management, Apprentice Substance Abuse counseling

Ellen Gluckman, LCMHC, LADC

Licensure: Licensed Clinical Mental Health Counselor, Licensed Alcohol and Drug Counselor, Certified EMDR Therapist (EMDRIA), Certificate Completion Traumatic Stress Program (The Trauma Center at JRI, Boston).

Specialty: Children, Adolescents and their families, Emotional/Behavioral Concerns, Complex and Developmental Trauma.

Lauren Johnson, MA, LPM

Psychotherapist housed at Appleseed Pediatrics

Licensure: Licensed Psychologist-Master

Specialty: Child-Parent Psychotherapy, EMDR, attachment, adoption, recent trauma and Post-Traumatic Stress Disorder, mood and anxiety disorders, ADHD. Population: ages 0 to 60.

Kathy Mai, MSW, LICSW, AAP, ADT

Licensure: Licensed Clinical Social Worker, Apprentice Addiction Specialist, Certified Acudetox Technician

Specialty: Individual and Groups, Substance Abuse and Recovery, Co-occurring Disorders, Anxiety, Depression, Trauma, Mindfulness, Grief and Loss, Death and Dying, Crisis Management and Intervention, DCF, Families, Adolescents, Adults, Case Management.

Darrin Greene, MS

Licensure: Master of Science in Clinical Psychology

Specialty: Mental Health and Substance Abuse Counseling with Children,

Adolescents, and Adults struggling with Depression, Anxiety, Trauma, Post-

Traumatic Stress Disorder, Grief, Obsessions, and Compulsions to help them

live a more vital life. Aid Families and Couples through difficulties with

communication skills and restructuring.

Specialty: Acceptance and Commitment Therapy, Mindfulness, Cognitive-Behavioral Therapy, Cognitive Restructuring.

Ben Sklarski, MA, LCMHC

Licensure: Licensed Clinical Mental Health Counselor
Specialty: Children, Teenagers, Families, and Adults
Anxiety, Depression, Attachment, Trauma, Mood Disorders, Behavioral Challenges, Self-esteem and EMDR.
Mindfulness, Relational, and Somatic Therapies.

Laura Walker MA, LCMHC, LADC

Licensure: Licensed Mental Health Counselor, Licensed Alcohol and Drug Counselor
Specialty: Adults and groups. Depression, Anxiety, mood disorders, grief, trauma, substance abuse and recovery, DBT informed, mindfulness, CBT techniques, EMDR

Virgil Kovachich II, LADC, LMHC

Licensure: Licensed Mental Health Counselor, Licensed Alcohol and Drug Counselor
Specialty: Anxiety, Depression, Mood Disorders, Grief and Loss, Adjustment issues, Addictive Disorders, Couples and Family Counseling and Men's issues, Adults, Families and Couples.

Samantha Ballard, MA

Licensure: Rostered Psychotherapist
Specialty: Adolescents, Adults and Families. Anxiety, Depression, Stress, Substance Abuse, ACT, Mindfulness, Behavioral, Psychodynamic.

Breanna Hart, MSW, LICSW

Licensure: Licensed Clinical Social Worker.
Specialty: Children, Families, and Adults. Rostered Child-Parent Psychotherapist, Anxiety, Depression, Attachment, Trauma, Mood Disorders, Behavioral Challenges, Co-occurring Substance Use Disorders, and Coping.

Charles Corbally, LICSW

Licensure: Licensed Clinical Social Worker.
Specialty: Cognitive Self-Changes, Probation and Parole, Cooccurring Disorders, Depression and Anxiety. Substance Abuse Counseling, Adolescents, Domestic Abuse, Relationship Issues and Anger Management.

Richard Farrell, LICSW

Behavioral Health Integration Coordinator
Licensure: Licensed Clinical Social Worker.
Specialty: Children, Adolescents and Adults. Anxiety, Trauma, Coping Skills, Adjustment Challenges, Transition and Relationship Concerns, CBT, EMDR
Orientation: Strengths Based & Existential

Denise Ashman, MA, CMHC

Licensure: Rostered Psychotherapist
Specialty: Adults, Adolescents, Couples, Families and Groups: Providing helpful skills and support through Relationship Challenges, Depression, Anxiety, Trauma, Health Issues, Grief and Loss, and Creating/Coping with Change.
Specialties: Narrative Therapy, Nature-Based/Wilderness Therapy, Process Coaching, Crisis Intervention, Motivational Interviewing, Mindfulness/Meditation Skills, Acceptance-Commitment Therapy, Emotional Freedom Technique, Person-Centered, Existential Approach.

MAT TEAM 1-802-888-6009

Meagan DeWitt, MS, LADC, LCMHC

Clinician and Care Coordinator on the MAT Team
Licensure: Licensed Alcohol and Drug Counselor, Licensed Clinical Mental Health Clinician
Specialty: Short term and interim counseling services for individual on Medication Assisted Treatment Programs; Adults, Substance misuse and recovery, Families Impacted by Substance Use. Located at Morrisville Family Health Care, Tamarack Family Medicine, and Dr. Perez Urology.

Kylie Pratt, BSN, RN

Registered Nurse and Care Coordinator on the MAT team. Bachelor of Science in Nursing, Registered Nurse.
Specialty: Care Coordinator for individuals on the Medication Assisted Treatment Program.
Located at Stowe Family Practice